

# THE BENEFITS OF WORKING



## SKILL LEARNING

- Learn new skills and improve the skills I already have.
- Gain confidence to speak up for myself.
- Need less support from my job coach as I get better at my job.
- Create routines that help me do well at work.
- Be comfortable doing new and different things.



## SOCIAL

- Meet new people.
- Learn skills to make new friends.
- Get more involved in my community.
- Find new interests.
- Share your talents and skills with others.



## FINANCIAL

- Live more independently.
- Earn my own money and pay my bills.
- Have more choices for my future.
- Learn how I can work and continue to receive support from programs like IRIS.



## HEALTH

- Be more active.
- Improve my physical and mental health.
- Stay busy and have full days.

**Ask your  
IRIS Consultant  
about starting  
a job search.**

**How Would  
Working  
Benefit Me?**

---

---

---

---

---

---

---

---