

SCCP Information for Clients

The Single Coordinated Care Plan

The SCCP or the Single Coordinated Care Plan is a new way for clients to work toward achieving personal goals such as:

- Getting a job
- Staying sober and healthy
- Keeping families together
- Living successfully in the community

The SCCP brings together teams of people who work with clients to help them figure out what they need to live the lives they want. The SCCP teams support clients while they are working to achieve their goals. SCCP Teams are usually made up of family, friends, and workers from different agencies like W-2, Child Welfare, Corrections, and Drug and Alcohol Abuse services.

Clients' teams will be different depending on the things they have going on in their lives and the family and friends they rely on for help. No matter who is on the SCCP teams, the goal is the same: to work together to create one plan that prioritizes clients' needs and describes how these needs are going to be met. Each team member will have a job and a responsibility to the team and, more importantly, to the client.

How SCCP Works

Clients who participate in the SCCP work with a person called the lead RSC. Lead RSCs work closely with clients, get to know them, help create a list of strengths and needs, and discuss possible team members. Lead RSCs are the people who organize the team meetings, write the coordinated care plan, follow up with team members and the client, and keep an eye on the team's progress.

The lead RSC and client set the time, date and location for the first meeting. This may take some negotiating given people's schedules, but the RSC will do his/her best to schedule something that meets the client's needs.

Before the first meeting, the client will write a vision statement describing how he/she would like life to be. This statement will be the team's driving force. With the lead RSC's help, the client will write a list of his/her strengths and needs that will be shared with the team during the first meeting. The remainder of the first meeting will be spent prioritizing the client's needs and coming up with ways to meet these needs.

At the end of the first meeting, the client will have a coordinated care plan, one that describes how his/her most important needs will be met, who will be responsible for what, and when things should happen. The RSC will also schedule a follow-up meeting so that the team can begin to

meet regularly to support the client, discuss problems, and come up with strategies to make the coordinated care plan work. How often a team meets depends on the client and the team members.

If clients have questions at any time during the SCCP process, they should call their lead RSCs.

Advantages of the SCCP

The SCCP is different from other approaches in several important ways.

- The SCCP builds care plans around clients. Systems, family, and friends work together to help clients talk about their needs and provide support for clients to achieve their goals.
- It brings the key people in clients' lives together on a regular basis to ask questions, problem solve, and celebrate accomplishments.
- The SCCP provides clients one-stop-shopping. Team members come to the clients and provide support, information, resources, and plans of action.
- The SCCP puts the requirements of each system on one plan, instead of two or three different plans.
- The SCCP builds families and other natural supports into client plans.

How the SCCP Helps Clients and Families

The SCCP helps clients to:

- Address basic and immediate needs (housing, food, clothing, transportation).
- Identify short and long-term needs and goals.
- Pick or prioritize which needs and goals are the most important.
- Think of ways that these goals and needs can be met using their professional knowledge and access to resources.
- Come up with new ways of doing things when others approaches haven't worked.
- Achieve their goals.
- Prevent crises.
- Plan for the future.

